

<b>Health and safety (Half day inc COSHH)</b>	<b>Fire Awareness (Half day)</b>
Brief history of health and safety law	Legislation
Overview of current legislation	Fire Triangle/Pyramid
Risk assessment an ergonomics	Fire Prevention
Maintaining safe environment and equipment	Fire Spread
Accidents and near misses	Fire Risk Assessing (Practical)
	Compartmentation
	Horizontal and Vertical Evacuation
<b>COSHH</b>	<b>Infection control (Half day)</b>
Overview of COSHH and CHIP regs	Define infection control
Responsibilities of employer/employees	Understand the chain of infection
Hazards-types and risk assessment	List the different infectious agents
Handling and PPE	Describe modes of transmission
Reporting and recording	Describe effective hand hygiene
	List and describe some common infectious diseases
<b>Safeguarding of adults at risk level 2 (Full day and Half day update)</b>	
What is abuse?	
Understanding Types and signs of abuse	
What to do under local and internal policy and procedure	<b>Dignity in dementia (Full day), or Two units for Half day</b>
What not to do	Understanding dementia
How to minimise the risk of abuse	Communication with a person with dementia
	Malignant social psychology
	Dealing with behaviours that challenge
<b>Safeguarding Level 3</b>	
2 day course	
	<b>MCA/DOLS for senior staff , general care staff units 1,2,4 and briefing on 3,5,6</b>
<b>Safe administration of medication (Half day)</b>	1) Introduction to mental capacity act 2005
Role of designated person	2) Assessing capacity
Assessing competence	3) Planning in advance
Self-medicating, prompting and administering	4) Restraint and deprivation of liberty
Safe and secure storage	5) Imca. court of protection and public guardian
Types and common side effects of medication	6) Sharing information research and review of learning
Control drugs	
Over the counter remedies	
Returning/disposing of medication	
Recording and auditing systems	
Secondary dispensing	
<b>Manual/moving and handling (a-b ½ day A-F 2 day , a-f 1 day for update)</b>	
For all: modules A-B	
Current legislation	
Risk assessment-TILE	
Ergonomics	
Anatomy	
Injuries- types and causes	
Safe and unsafe practice	
Practice under supervision, lifting inanimate load	
<b>All wales passport Moving and handling (C-F)</b>	
Factors to consider when moving a person	
Client handling risk assessment	
Practice under supervision of:	
Assisted standing, sitting and walking	
Bed mobility	
Lateral transfers	
Hoisting	
<b>Food Hygiene level 2 (Full day)</b>	
Legislation	
Hazards and controls	
Types of Contamination	
Personal hygiene	
Temperature control	
Using a thermometer	
Labelling foods	
Cleaning and disinfection	
Pest control	

All training is will have an assessment of learning and will be certificated as attended and/or assessed.The majority of our sessions can be accredited to awarding bodies such as HIGHFIELD or QUALSAFE on request at an additional cost.

### Half day courses

Stroke awareness  
Diabetes awareness  
Epilepsy awareness  
Risk Assessment  
Fire evacuation  
Assisted eating and drinking  
Nutrition and Hydration  
Appointed person first aid  
AWIF induction framework and the code of practice  
Supervision and appraisal  
Report writing and care planning  
Person centred care and key worker training  
Mental health awareness  
Understanding personality disorders  
Schizophrenia awareness  
Learning disability/Down syndrome and Autism

### Full day courses

Emergency First aid at work inclusive of books  
Effective Communication  
Management development inc:  
Team building  
Mentoring  
Conflict management  
Leadership  
Managing others  
Interviewing skills  
Coaching  
Presentation skills

### Clinical Training (Half day)

BLS  
Enteral feeding  
O2 therapy  
Sepsis  
Stoma care  
Diabetes and insulin

### Clinical Training (Full day)

Venepuncture

### 3 Day Courses

Food hygiene level 3  
First aid at work

### 5 Day Courses

Care induction training  
Full range of e-learning. Prices on request